



DIPHENHYDRAMINE (Brand Name: Benadryl®)

Diphenhydramine/Benadryl is an every 6 hour medication.

** For infants 6 months or older**

Consult a healthcare provider for infants <12 months of age due to sedating effects.

Benadryl is an antihistamine, so it can be used for allergic reactions and allergies. Benadryl comes in Children's Liquid Suspension, Children's Chewable Tablets, Children's Meltaway Strips or Adult Tablets.

Diphenhydramine may have a side effect of drowsiness and sedation.

In some kids, they will have an opposite effect of increased activity.

Adult dose may be 25 or 50 mg but because of sedating effects, start with 25 mg for children >44 pounds.

Weight	Children's Liquid Suspension	Children's Chewable Tablets	Children's Meltaway Strips
	(12.5 mg/5 mL)	(12.5 mg)	(12.5 mg)
11 lb to 16 lbs, 7 oz	2.5 mL	X	X
16 lb, 8 oz to 21 lb, 15 ozs	3.75 mL	X	X
22 lb to 26 lbs, 7 oz	5 mL	1 tablet	1 meltaway
27 lbs, 8 oz to 32lbs, 15 oz	6.25 mL	1 tablet	1 meltaway
33 lb to 37 lbs, 7 oz	7.5 mL	1 tablet	1 meltaway
38 lbs, 8 oz to 43 lbs	8.75 mL	1 tablet	1 meltaway
44 lbs to 54 lbs, 15 oz	10 mL	2 tablets	2 meltaways
44 lbs to 54 lbs, 15 oz	10 mL to 12.5 mL	2 tablets	2 meltaways
66 lbs to 76 lbs, 15 oz	10 mL to 15 mL	2 tablets	2 meltaways
77 lbs to 87 lbs, 5 oz	10 mL to 17.5 mL	2 tablets	2 meltaways
88lb +	10 mL to 20 mL	2 - 4 tablets	2 - 4 meltaways