



Pecan Tree Pediatrics

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Fax (for all locations) (469) 757-4890

DIPHENHYDRAMINE (Brand Name: Benadryl®)

Diphenhydramine/Benadryl is an every 6 hour medication.

**** For infants 6 months or older only****

Consult a healthcare provider for infants <12 months of age due to sedating effects.

Benadryl is an antihistamine, so it can be used for allergic reactions and allergies. Benadryl comes in Children's Liquid Suspension, Children's Chewable Tablets, Children's Meltaway Strips or Adult Tablets.

Diphenhydramine may have a side effect of drowsiness and sedation.

In some kids, they will have an opposite effect of increased activity.

Adult dose may be 25 or 50 mg but because of sedating effects, start with 25 mg for children >44 pounds.

| Weight | Children's Liquid Suspension | Children's Chewable Tablets | Children's Meltaway Strips |
|------------------------------|------------------------------|-----------------------------|----------------------------|
| | (12.5 mg/5 ml) | (12.5 mg) | (12.5 mg) |
| 11 lb to 16 lbs, 7 oz | 2.5ml | X | X |
| 16 lb, 8 oz to 21 lb, 15 ozs | 3.75 ml | X | X |
| 22 lb to 26 lbs, 7 oz | 5ml | 1 tablet | 1 meltaway |
| 27 lbs, 8 oz to 32lbs, 15 oz | 6.25 ml | 1 tablet | 1 meltaway |
| 33 lb to 37 lbs, 7 oz | 7.5ml | 1 tablet | 1 meltaway |
| 38 lbs, 8 oz to 43 lbs | 8.75 ml | 1 tablet | 1 meltaway |
| 44 lbs to 54 lbs, 15 oz | 10 ml | 2 tablets | 2 meltaways |
| 44 lbs to 54 lbs, 15 oz | 10 ml to 12.5 ml | 2 tablets | 2 meltaways |
| 66 lbs to 76 lbs, 15 oz | 10 ml to 15 ml | 2 tablets | 2 meltaways |
| 77 lbs to 87 lbs, 5 oz | 10 ml to 17.5 ml | 2 tablets | 2 meltaways |
| 88lb + | 10 ml to 20 ml | 2 - 4 tablets | 2 - 4 meltaways |